



## 10 Backyard Design Resources for the Parents of Children With Autism

Perhaps you hope to gently motivate your child with autism to get active outdoors, but you're worried that your backyard isn't truly accessible for them. Programs hosted by organizations like the [Taylor Bug Kisses Foundation](#) can inspire a love for the outdoors in your family, and designing your backyard with your child's needs in mind is essential to help them get in touch with nature. If you're wondering how to get started, these resources cover everything from safety to activity suggestions!

### **Prioritize Safety**

Naturally, keeping your child safe in your backyard is your number one concern. These resources will show you how to secure your yard.

- Keep any potentially dangerous tools or yard equipment in your shed and [set it up](#) with a reliable lock.

- If your fence needs repairs or replacing, use the search terms “[affordable fence company near me](#)” to find a reputable service that can handle the job to your specifications and timeline.
- When it comes to landscaping, avoid toxic plants, pesticide use, and [other risky choices](#).
- [Take steps](#) to improve the drainage in your yard and eliminate any standing water.

## **Gear and Fun Features**

Once you've taken steps to make sure your yard is safe, you can start designing some exciting outdoor features that your child will love!

- [Choose a sensory swing](#) so that your child can relax.
- [Build](#) your own bird feeder and give your child the opportunity to learn a little more about your local wildlife!
- Give your child a pair of shoes that will be comfortable and [functional for playing outside](#).

## **Ideas for Outdoor Activities**

There's nothing better than enjoying a day in the backyard with your child. Here are a few ideas for future sunny days!

- Pick a weekend [night](#) to go “camping” in your backyard.
- Use [binoculars to observe birds](#), butterflies, bugs, trees, and other animals and plants in your area.
- Teach your child valuable [skills through gardening](#), and explain to them how plants grow.

Children of all ages can benefit from spending time outside. By creating an autism-friendly backyard space, you can foster a love for nature in your child. With these resources, you'll find yourself spending more and more time outside with your child!

*Interested in attending a family respite camp? The [Taylor Bug Kisses Foundation](#) hosts supportive programs for families of children with disabilities! Call us today at 309-533-1158 with your questions.*

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